

2010 Columbia Neighborhood Swim League - All City Championship Meet Notice			
Schedule	Friday, July 30 th	Session 1 - 8 & Under	4:30PM Warm Ups & 5:30PM Start
	Saturday, July 31 st	Session 2 - 13 - 18 years old	8:00AM Warm Ups & 9:00AM Start
	Saturday, July 31 st	Session 3 - 9 -12 years old	12:00PM Warm Ups & 1:00PM Start
Location	Phelps's Luck Pool - 5355 Phelps Luck Drive Columbia, MD 21045 The meet is run using the semi-automatic Colorado timing system with electronic start. A Seeding Tent (Clerk of Course) will be used for Sessions 1 & 3 ONLY. Warm Up Assignments will be posted at www.cnslswimming.org and in the pool area.		
Meet Director	Susan McDonald – teamadmin@clippersswim.org		
Entry Coordinator	Sue Mangan – allcitymeetentries@gmail.com		
Meet Referee	Don Smith – all USA Swimming certified officials interested in working should contact Don Smith at mdswimdonsmith@comcast.net or don.a.smith@excite.com . Seasonal officials may be invited to complement or complete the official's crew.		
Volunteers	Each CNSL Team will be required to provide a minimum of 3 volunteers for each meet session. Volunteers may sign up for a position at www.cnslswimming.org starting July 12 th , 2010.		
Eligibility & Entries	The meet is open to all 2010 CNSL participants who swim in 3 dual meets or 2 dual meets and Time Trials. Swimmers compete in their age group according to their age on June 1, 2010. Swimmers may enter TWO individual & ONE relay events. Swimmer's entries are assigned to the applicable division according to the published cut off times. A "no time" entry is NOT acceptable. Swimmers must have a legal swim time for the event in which they are competing from a 2010 CNSL Dual Meet or Time Trials. Relay participants are determined by the team coach. Mixed Relays must consist of 2 male and 2 female athletes. For all 100 yard relay events, swimmers must use an in water start at the shallow end of the pool.		
Swimmer Entry Deadline	Entries must be received by your coach or team manager no later than Saturday, July 24, 2010 at 5PM . Entries must be made on the <i>All City Championship Meet Entry Form</i> at the end of this meet notice. Swimmer's date of birth must be included on the form. A Parent signature is required on the form and indicates that information submitted is correct.		
Team Entry Deadline	The TEAM MANAGER or TEAM DATA ENTRY PERSON must enter their swimmers in their Team Database for the All City Championship Meet. Submit entries using the appropriate Hy-tek file by EMAIL to the Meet Entry Coordinator no later than Monday, July 26th . A Word Document or .pdf file of the Meet Entries must be included in the email. Backup paper entry forms must be dropped off at the Aquatics Office by 12pm Tuesday, July 27 th .		
Entry Confirmation & Correction Procedures	Team Rosters will be posted on Wednesday, July 28 th at www.cnslswimming.org . Contact your TEAM MANAGER if your swimmer is not included on the Team Roster. Team managers must report errors or omissions to the Entry Coordinator immediately. Individual entry information will NOT be published prior to the meet. Contact your TEAM MANAGER for confirmation on individual event entries. Late Entries or Deck Entries will NOT be accepted. Entries may ONLY be altered the day of the meet due to an error by the Meet Director or Entry Coordinator and with permission by the Meet Referee.		
Rules	The 2010 United States Swimming and CNSL Rules and Regulations will govern the meet including the Swim Suit Regulations updated in 2010. No one will be permitted on the pool deck unless they are a participating swimmer, CNSL coach, meet staff or a volunteer working the meet session.		
Awards	Medals for first through third in "A, B, C" Division for all events. Rosette ribbons for fourth through tenth place in all divisions for individual events only. Participation awards for 8 & under swimmers.		
Sales	T-shirt, programs, concessions and apparel will be available for sale.		
Rain Dates	Meet cancellation and Rain Date information will be posted at www.cnslswimming.org and communicated via email to the Coaches and Team Managers		
	Saturday, July 31 st	Session 1 - 8 & Under	4:00PM Warm Ups & 5:00PM Start
	Sunday, August 1 st	Session 2 - 13 - 18 years old	8:00AM Warm Ups & 9:00AM Start
	Sunday, August 1 st	Session 3 - 9 -12 years old	12:00PM Warm Ups & 1:00PM Start

Session 1 - ORDER OF EVENTS & DIVISION CUTS

*****Coaches Relays*****

BOYS – Division Cutoff Times				Age / Distance / Stroke	GIRLS – Division Cutoff Times			
A	B	C	Event #		Event #	A	B	C
37.00	>37.00		101	5 & Under 25 yard Freestyle	102	37.00	>37.00	
26.00	30.00	>30.00	103	6 25 yard Freestyle	104	26.00	30.00	>30.00
22.00	24.00	>24.00	105	7 25 yard Freestyle	106	22.00	24.00	>24.00
19.00	21.00	>21.00	107	8 25 yard Freestyle	108	19.00	21.00	>21.00
32.00	>32.00		109	7 & Under 25 yard Breaststroke	110	32.00	>32.00	
28.00	33.00	>33.00	111	8 25 yard Breaststroke	112	26.00	31.00	>31.00
44.00	>44.00		113	5 & U 25 yard Backstroke	114	43.00	>43.00	
34.00	39.00	>39.00	115	6 25 yard Backstroke	116	32.00	35.00	>35.00
28.00	32.00	>32.00	117	7 25 yard Backstroke	118	27.00	29.00	>29.00
25.00	28.00	>28.00	119	8 25 yard Backstroke	120	24.00	26.00	>26.00
32.00	>32.00		121	7 & Under 25 yard Butterfly	122	30.00	>30.00	
24.00	29.00	>29.00	123	8 25 yard Butterfly	124	24.00	29.00	>29.00
			125	6 & U Mixed 100 yard Freestyle Relay	125			
			126	7 - 8 Boys 100 yard Freestyle Relay				
				7 - 8 Girls 100 yard Freestyle Relay	127			

Session 2 - ORDER OF EVENTS & DIVISION CUTS									
BOYS – Division Cutoff Times				Age / Distance / Stroke	GIRLS – Division Cutoff Times				
A	B	C	Event #		Event #	A	B	C	
1:05.00	All other times		5	15 – 18 100 yard Individual Medley	6	1:17.00	All other times		
1:14.00	All other times		11	13 - 14 100 yard Individual Medley	12	1:18.00	All other times		
26.00	All other times		13	15 – 18 50 yard Freestyle	14	30.00	All other times		
28.50	All other times		23	13 - 14 50 yard Freestyle	24	31.00	All other times		
32.00	All other times		25	15 – 18 50 yard Backstroke	26	35.00	All other times		
35.00	All other times		35	13 - 14 50 yard Backstroke	36	36.00	All other times		
36.00	All other times		37	15 – 18 50 yard Breaststroke	38	40.00	All other times		
38.00	All other times		45	13 - 14 50 yard Breaststroke	46	41.00	All other times		
29.00	All other times		47	15 – 18 50 yard Butterfly	48	34.00	All other times		
33.00	All other times		55	13 - 14 50 yard Butterfly	56	35.00	All other times		
			1*	15 - 18 Mixed 200 yard Medley Relay					
			4*	13 - 14 Mixed 200 yard Medley Relay					
			57	15 – 18 Mixed 200 yard Freestyle Relay					
			65	13 - 14 Mixed 200 yard Freestyle Relay					

Session 3 - ORDER OF EVENTS & DIVISION CUTS									
BOYS – Division Cutoff Times				Age / Distance / Stroke	GIRLS – Division Cutoff Times				
A	B	C	Event #		Event #	A	B	C	
1:35.00	All other times		7	9 - 10 100 yard Individual Medley	8	1:38.00	All other times		
1:29.00	All other times		9	11 - 12 100 yard Individual Medley	10	1:25.00	All other times		
17.00	17.01 – 20.00	All other times	19	9 - 10 25 yard Freestyle	20	17.00	17.01 – 20.00	All other times	
34.00	34.01 – 38.00	All other times	21	11 - 12 50 yard Freestyle	22	34.00	34.01 – 38.00	All other times	
22.00	22.01 – 25.00	All other times	31	9 - 10 25 yard Backstroke	32	21.50	21.51 – 24.90	All other times	
40.00	40.01 – 49.00	All other times	33	11 - 12 50 yard Backstroke	34	41.00	41.01 – 47.00	All other times	
23.00	23.01 – 26.00	All other times	41	9 - 10 25 yard Breaststroke	42	24.00	24.01 – 27.00	All other times	
43.00	43.01 – 49.00	All other times	43	11 - 12 50 yard Breaststroke	44	43.00	43.01 – 49.00	All other times	
19.00	19.01 – 23.00	All other times	51	9 - 10 25 yard Butterfly	52	19.00	19.01 – 23.00	All other times	
17.00	17.01 – 20.00	All other times	53	11 - 12 25 yard Butterfly	54	17.00	17.01 – 20.00	All other times	
			2*	9 - 10 Mixed 100 yard Medley Relay					
			3*	11 - 12 Mixed 200 yard Medley Relay					
			61	9 - 10 100 yard Freestyle Relay	62				
			63	11 - 12 200 yard Freestyle Relay	64				

* All Relays are swum at the end of the meet – not in event order.

2010 All City Championship Meet - Entry Form

Fill in the information below – PLEASE PRINT

A separate form is needed for each swimmer in your family.

Return this form to your Team Manager no later than Saturday, July 24th at 5pm.

No late entries or deck seeds will be permitted.

Swimmer's Name	Gender M or F	DOB – MM/DD/YYYY	Age as of 06/01/2010

CNSL Team	
Team Manager	

Event Number	Event Name

Parent Signature	Phone Number

Special Notes:

- "No-Time" Entries will NOT be accepted.
- Seed (entry) times will be included from the Team Manager Database from your team and the CNSL. You do not need to include seed entry times. Your child's best time will be automatically entered into the swim meet.
- Swimmers are placed in the division based on their seed times. Falsifying seed times will result in removal of that swimmer from the event at the discretion of the Meet Referee. Times are verified prior to the meet day.
- Coaches determine who swims in relays.
- This form must be signed by a parent or legal guardian.